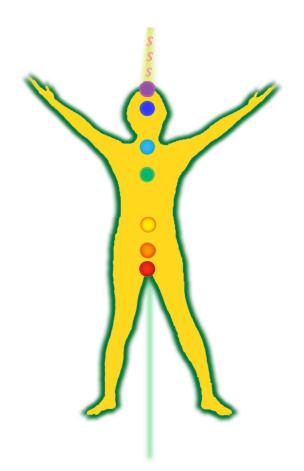


## MANIFEST ANYTHING!

A Law of Attraction Graduate School Primer with SAGE 3-Part Course Part One



By Rev. Sage Taylor Kingsley-Goddard, CHT, RM Intuitive Transformation Catalyst & HypnoCoach © 2009-2013

http://www.ProsperityPassionPurpose.com Feel free to share this report freely & "virally" to build abundance worldwide!

#### Contents

Page 4	The Law of Attraction & Beyond
Page 6	The Three Levels of Law of Attraction Manifestation
Page 9	3 Belief Boosters for Using LoA & Affirmations Successfully
Page 13	Level III Tips for Life Mastery
Page 14	The Real Truth
Page 16	The 3 Golden Portal Keys to Manifesting ANYTHING!
Page 21	What Healing or Action Steps Are Best for Me Now?
Page 23	Empowering Re-SOURCEs
Page 26	About the Author

[Also download and enJOY the rest of your *Manifest Anything!* Course separately: *Law of Atraction Quiz & Angelic Abundance Joyshop!*]

#### The Law of Attraction & Beyond

You may already be familiar with the Law of Attraction, the metaphysical and philosophical principle that states:

What we focus on, on the inside, We create on the outside.

Other ways of describing it would be:

We create our reality with our thoughts.

Thoughts are things and have energy, which is a creative force that manifests in our life experiences.

The outer reflects the inner.

The Universe is our mirror.

Or as Star Wars put it:

Your focus creates your reality.

Millions of people are using affirmations – positive statements written in present tense – as one technique for applying the Law of Attraction (LoA) to create a desired outcome, for love, success, health or any life goal. Proper use of affirmations, along with other advanced Law of Attraction practices, can catalyze wonderful positive changes in your life because, when you change your thoughts, you change your life.

But many people have found that they can state affirmations until they are blue in the face - and still have very little green in the bank!

I understand your frustration. I've been there. As a hypnotherapist, intuitive, energy healer, spiritual counselor and life coach, for the past 15 years, I have been researching, applying and even channeling techniques for personal transformation and manifestation.

You see, I tried virtually every personal growth technique under the sun for creating positive change. I have found what works and what doesn't. And I have

discovered a <u>revolutionary method</u> for attracting your heart's desire, whether you want more money, more love, more health, more happiness -- or all of the above. I have applied these principles to manifest my Twin Flame soulmate, now husband of 12 years, set myself free from soul-sapping "day gag" paycheck jobs forever, and even quadrupled my income in 90 days!

But I don't ask you to accept my word for it. Try these methods for yourself! That's why I am giving you this information today, as a gift.

I use holistic, omnidimensional methods of healing, reprogramming, focusing and manifestation that absolutely work, if you know how to use them and do so correctly and consistently. And I am passionate about helping people really succeed and absolutely create the LIFE AND LOVE OF YOUR DREAMS. I'm delighted the Universe is giving you this information today!

In just a moment, I'll be sharing with you the Three Levels of Law of Attraction Manifestation, along with some amazing new mind-body-spirit techniques to give your affirmations more MUSCLE so they really work and help you get to a much higher level of success and wealth.



#### The Three Levels of Law of Attraction Manifestation

#### Level I: Law of Attraction & Affirmations 101 – HOPE – Novice Level - Identifying Your Desires

First, let's just review some foundational information about affirmations with which you may already be familiar, then we will build upon these. What many Law of Attraction experts recommend, and what most people do with affirmations, is to simply **think, read or state them, over and over.** I call this Affirmations 101, the beginner level.

At this level, you are getting used to the idea that you can actually shape your outer reality just by changing what you focus on. You are essentially exploring the new territory of personal growth and mind-body healing. The primary mental/emotional state at this level is HOPE.

But here's the problem with Level I and why, when you operate at this level, any change you manage to create just does not last:

Just trying to force yourself through willpower alone is not very effective. This is why we hypnotherapists call it "won't power" because it will eventually peter out. And, frankly, if you are just trying to create change using Level I methods, it's a heck of a lot of work! This is the very same reason why most dieters gain back all the weight they lost (and then some) within 2 years, why most people cannot quit smoking easily, and why most habits take 30 to 40 days to change, according to research studies.

Just setting New Year's resolutions and affirming at the conscious level is not enough.

Even taking logical action steps toward your goal is not enough – *because enough of YOU is not lined up -- with your intention.* 

You may experience occasional progress, but it's two steps forward, one or two steps back. It feels like you are trying to "push the river" – to "make" something happening, but you keep slipping back into your old pattern again, despite your efforts.

For example, one of my clients, Anna, was struggling with trying to find love. While she was affirming, "My perfect soulmate is here" over and over, part of her still did not believe this was true. Even worse, a deeper part did not even believe she deserved it, so no matter how many affirmations she said, the soulmate did not show up. Her unconscious program was still running: "I'm never going to find love again," and "Love hurts. It's safer to be alone."

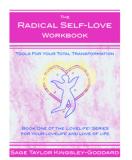
Another student and client, Cathy, had been working with affirmations for prosperity for years, yet still kept experiencing fear, lack and struggle. Subconsciously she was running several common limiting beliefs about money that will keep a person in debt and struggle forever until they are totally released and transformed. (Clients in my private coaching and new P3 coaching group are guided to successfully reprogram these.)

So while the novice Level I techniques on their own will not produce many results, the positive purpose of this level is to help you identify your desires, to educate and inspire you so you open you up to the next level, where real change begins to happen.

#### Level II: - Law of Attraction & Affirmations 202 BELIEF - Intermediate Level - Intending

Most of the popularized Law of Attraction techniques such as those from *The Secret* and the Abraham-Hicks work can help you reach this intermediate level. Here, you will likely experience <u>partial success</u> because now, not only do you know what you want, you actually BELIEVE YOU CAN HAVE IT and YOU DESERVE IT.

An absolutely fundamental piece that *The Secret* does not emphasize enough is that deep self-love and deservingness are the key. *The Secret* mentions the importance of belief but what people need is proven tools to strengthen this belief, deep within.



My first book, *Radiant, Radical Self-Love a.k.a.* <u>*The Radical Self-Love Workbook,*</u> presents dozens of proven practices to help you heal your core issue (deservingness). From this strong, centered foundation of inner peace, confidence and happiness, you can then attract and create the life of your dreams. This hands-on action guide will help you focus on the inner healing work that is the prerequisite for successfully prospering, finding love and achieving any positive life goal. (See *Resources* for more information.)

The primary mental/emotional state at Level II is BELIEF. At this level, you not only are hoping or wishing for something wonderful, you truly believe YOU can have it, more and more of the time. So your intention is at a higher energetic vibration because belief is much stronger than mere hope, because hope contains a large dose of doubt within it.

As you operate increasingly at Level II, you begin to notice that your focus does indeed affect your reality. Some of what you are intending, visualizing and affirming is showing up. However, the changes are not showing up quite fast or as completely as you'd like.

While you believe you really do have the power to change your life, you still wonder: Why is this taking so long? And why do I sometimes attract something, only to lose it again?

At this level, your belief comes and goes. Sometimes you feel, "I am prosperous. I can attract and receive wealth." Or "My perfect soulmate is on the way." But you still find yourself frequently arguing with these positive beliefs, sometimes resonating with these statements and images and feelings, other times doubting them.

You affirm and visualize but then slip back into a Level I mentality and vibration: "Yeah, right. What about all those bills and debts?" or "I seem to keep attracting the wrong kinds of partners. I'm better off being alone."

You are still struggling, trying to *make yourself* believe it. But it just doesn't feel real, not *really* real, not very much of the time.

How can you raise yourself up and deepen your Level II LoA work, so your belief is <u>strong and consistent</u>? I am about to reveal three tips that will help you optimize your Level II and boost your belief.

If you have been experiencing "two steps forward, one step back," you have not been really <u>fully optimizing</u> your Level II LoA work. So here are three Belief Boosters, tips for successfully using LoA and affirmations, strengthening your Level II intention and belief, and preparing you for Level III! A fully operational Level II LoA practice will include all three of these and will ramp up your success rate as a manifester of your desires.

#### <u>3 Belief Boosters for Using LoA and Affirmations More Successfully</u>

#### Belief Booster #1 \* Involve as much of yourself as you can while stating your affirmation.

This is done by really engaging your imagination, seeing your desire, hearing it, touching it and focusing on really living it as your 100% truth. Creative visualization is a powerful key.

## "Imagination is more important than knowledge." - Albert Einstein

At Level II, you are more actively using your imagination muscle.

Thus, in addition to simply thinking, reading and saying your positive thoughts, you are involving more of yourself by singing them, shouting them, dancing them, singing them, drumming them, writing them, creating Treasure Maps and Vision Boards and so on. This engagement will empower and energize your affirmations much more strongly. (We do all of this in my Prosperous Goddess Mastermind and Loot Camp retreats.)

Activating your visual, auditory and kinesthetic intelligences and modes of perception catalyzes your intention, making it feel more real within you, thereby making it real in your life more quickly and surely.

You need to see it, hear it, touch it, really resonate with your affirmation as a total truth. This is why ritual and ceremony are used the world over for time immemorial. By symbolically enacting our intentions physically, we make them more real.

#### Belief Booster # 2

## \* <u>Focus on the feeling of joy</u> your desire brings you, keeping your attention on your intention with a positive feeling.

The Abraham-Hicks work talks a lot about raising your vibration through your emotions, and this is vital. I share further methods for tuning up what I call your **Creational**, **Vibrational Guidance System** - completely new, channeled, revolutionary techniques - that go beyond the Hicks' work, in my P3 coaching program, and my forthcoming *Create Prosperity Now*! book.

It's absolutely essential to feel the associated positive emotion because this raises your energetic vibration so you are attuned with your desire and helps attract it to you.

#### You come into resonance with your desire.

Affirming from an energy of abundance and happiness effectively magnetizes your desire to you, whereas if you are feeling frustrated, fearful, impatient, this repels your desire out of neediness.

Feelings of Joy and Love magnetically attract your heart's desire to you.



#### Belief Booster #3 \* Give thanks! And – here's the key - for your past, your present, and your future.

Give thanks for your past, because it has shaped you into being who you are today. And every experience has a lesson or a gift. By finding the gift, and through forgiveness and heart healing, we set ourselves free from the chains of the past so we can turn our wounds into wisdom.

Give thanks for your present, because doing so helps us live here now and feel more joy (there's that joy again!)

There is a tendency amongst some folks in the metaphysical, new thought, New Age population to focus so exclusively on that 10% or so that is missing, they forget to fully appreciate and enjoy what is here right now.

Look around you! Your life is BRIMMING WITH BLESSINGS. Give thanks to your Creator. Strive for your every breath to be an expression of thankfulness.

"If the only prayer you ever say is 'Thank you,' it will be enough." - Meister Eckhart

And give thanks for the future, because this is an act of deep faith, saying "Thank you" ahead of time, trusting that your prayer or intention (request from the Universe) is fulfilled.

The attitude of gratitude is such a crucial key. This keeps the faucet of blessings open in your life.

Let's face it. In this country, even though many people are struggling financially, we are still far better off than most people on the planet. If you have a roof over your head, food on the table, a functioning body and meaningful connection(s), you are tremendously blessed. And your cup is not 50% full. It's already 80, 90 or 95% full!

#### **G O D = Gratitude Opening Doors!**.

Now, you just gained, more clearly and succinctly, several important ways you can enhance and expand your LoA work, just by boosting your Level II.

But I have much more in store for you  $\dots$  and so does the Universe, and YOUniverse<sup>TM</sup> - because YOU are the creator of your experience.

So are you ready for Law of Attraction and Affirmations Graduate School? Great! The main purpose of this Special Report is to help you more fully implement these intermediate LoA practices. And if you really want to become an even more successful and powerful manifester, a joyous cocreator of your dream life, read on to learn exactly what you need to do to master Law of Attraction and your life.

Here's the problem with operating just at Level II (for which I am about to provide the ultimate solution):

Even if we try to affirm and visualize, even if we try to evoke the good feelings and believe, even if we remember to give thanks, even if we try to really get involved in a multisensory way, often some part deep within us does not really believe it!

Deep down, in our unconscious, there is a program or tape that argues with our positive affirming and visualizing. I call this the "B.S. Radar."

For example, you may be sitting there saying or writing a dozen times, "I am prosperous," but another part of you blocks you from really feeling, knowing and attracting this as your truth, because that part is thinking, "No, I'm not. Money seems to go right through my hands. I have so much debt and I never seem to make a good living, no matter what. I have piles of bills I can't pay. Blah blah blah blah."

So really, you are not getting anywhere, except frustrated. I do not agree with the teacher in *The Secret* who said that mere repetition of this mental "tennis match" solves this inner battle.

Level II practices will tell you that you just have to continuously immerse yourself in the images, words and feelings associated with your intention. But who has time to say affirmations 100 times a day? Who has that kind of patience or persistence, particularly if your results are slow to show up? You want results, you deserve results, and quickly. This is why the Universe guided you to this information today.

Even though at Level II, we are aware we need to "Believe" to receive, and part of us does so, we may still get in our own way and SUBCONSCIOUSLY SABOTAGING our efforts. This is because your consciousness is like an iceberg. We are aware of about 5% of our thoughts, and the other 95% are operating "below the surface."

If the tip of the iceberg wants to go North, and the huge mass below the water line is heading South, which way do you think that iceberg is going to move? You can try to push that tip as hard as you can, yet until most of that submerged power is moving the way you want it to go, you are going to be stuck or heading the wrong way.

My clients and students call me a CATALYST because I do not believe you need to struggle and slog through the muck for years to improve your life. And you should not have to say or write affirmations hundreds of times a day, either.

You can create tremendous transformation very quickly if you operate at Level III. So here's how you do it.

#### Level III – Law of Attraction & Affirmations Graduate School-ABSOLUTE KNOWINGNESS = LIFE MASTERY

My clients, students, peers, soulmate and I have noticed that the vibration we are in when successfully manifesting WITH EASE is even stronger than a belief. It's a total paradigm shift!

At Level III, you no longer hope or even just believe.

#### You absolutely KNOW your intention is your truth.

You know that your desire is your birthright. It is your destiny.

#### BECAUSE ABUNDANCE IS WHO YOU ARE.

#### *"We don't get what we want. We get what we are."- Wayne Dyer*

At Level III, you have gone through what I call your Golden Portal.

When you are 100% LINED UP inside, your outer reality <u>must</u> reflect this. It does so every time, and it does so quickly, consistently and often more miraculously and magnificently than you could even ask for or imagine.

#### Level III Tips for Life Mastery:

#### 1. "This Or Something Better"

Always remember to ask for: "This or something better, Thy will be done," and you will allow Spirit-God-Universe-Source to fulfill your desire in the very best way possible.

People often ask me, "Sage, should I be very specific about what I am asking the Universe for, or is it better to give Spirit more freedom as to how to fulfill my desire?"

The answer is: both. Be specific in your visioning about everything that is important to you, yet you also need to be aware that God/Creator can see the Big Picture and knows more than we can from our human perspective. So we have to be clear and ask, and trust and surrender at the same time.

Another way of looking at it is that it's a matter of cultivating balance between your will and the divine will, or your male, active side and female, receptive side. When these energies are balanced, you take inspired action and are open to receive. A simple way to do this is to include the phrase "This or something better, thank you, Spirit!" in your prayers, on your Vision Board, and at the end of your visualizing and affirmation practice. Some people like to include "Thy will be done" as well.

#### 2. "For the Highest Good of All" and For All Beings

Whatever you are manifesting for yourself, be sure to ask for these blessings for everyone, and that the fulfillment of your desires unfolds in a manner that harms none and is for the highest good of all.

True abundance does not mean riches at any cost; it means a life of soulful service. True abundance is the freedom to enjoy life to the fullest and be who you really are while helping others and expressing your true self.

I am an interfaith minister and professional meditation teacher, as well as an intuitive, healer and coach. One meditation practice that has profoundly changed my life is the Buddhist Metta Meditation in which you pray and affirm happiness, wellbeing, peace and lovingkindness, first for yourself, then for another person, then for all beings. Broadening the scope of your intention and dedicating your own success to helping others are keys.

This way, your positive intention is not just for you; it is not a materialistic, selfish, greedy desire but rather a spiritual, heartful, compassionate, purpose-driven vision for abundance for all. All you do becomes compassion in action.

#### The Real Truth

You are, at this Level of existence, totally thriving because you are living The Real Truth.

#### The Real Truth:

Whatever we are seeking, we are living it, on the inside. We are vibrating with prosperity. We are full of love. We are glowing with health. We are shining with joy. No matter what is going on outside of us.

Affirm and Know: I AM Joy. I AM Abundance. I AM Health. I AM Peace. And I AM Love.

Repeat this aloud three times, preferably while looking in the mirror and making eye contact with yourself. How does that feel? In my P3 Prosperity Power Pack home study course and Prosperous Goddess Mastermind, and in my new channeled book, *Creating Prosperity Now!*, I share many wonderful ways to keep yourself energetically attuned to this joyous knowingness of who you truly are.

This is also the state of spiritual enlightenment because at this level, we know there are no limitations of any kind. We are simply one with God, and we know the Universe is open to us.

There is not a sense of hubris or ego at this state. It's very heart-centered. This is the state of "power of love," rather than love of power.

Actually, it is a sense of sacred trust because at Level III, we are so lined up with our right livelihood and our soul destiny, we are living our life purpose and naturally and easily attracting what we desire.

#### Our lives are an outer reflection of our inner alignment with fully being and expressing the love we truly are.

At Level III, you feel a joyful contentedness almost all the time, an inner peace that is not dependent upon outer approval or circumstances. Can you imagine living this way?

Level I feels the most like work; Level II feels like work but with some payoffs, but Level III feels almost effortless. Total flow.

It's a shift in CONSCIOUSNESS. A shift in BE-ing.

A deep remembering, an unfolding, a celebration of love.

At Level III, you no longer have to spend hours making Treasure Maps or Vision Boards or doing affirmations, although you may choose to do so if they help you FEEL the joy and gratitude and experience the <u>knowingness</u> from deep within.

But even if you are doing these kinds of LoA activities, you are doing them with such a feeling of, "Of course! This is my reality and I love it!" Because you are so lined up with it – it feels like play and joy, not work.

So how do you get into this state of absolute knowingness?

Spiritual practices such as meditation facilitate this awakening. You also need to get internally IN ALIGNMENT to succeed in all areas of your life. Once you are ALIGNED, you then can effectively get into ACTION and create the life of your dreams.

Remember my clients who were having a hard time manifesting wealth and love just by affirmations alone? I am happy to report that they are now living their dreams, by applying Law of Attraction techniques at a higher, deeper level: Level III. Anna has been happily married to her right soulmate for 6 years, and Cathy now enjoys fulfilling, soulsatisfying work that is as creative as it is lucrative. These are just two examples of hundreds of clients and students who have benefited from these techniques. And if I can do it, and they can do it, you can do it, too. I KNOW you can!

#### THE THREE GOLDEN PORTAL KEYS TO MANIFESTING ANYTHING:

Drumroll, please.....! Here are the three secret golden keys you will not read about elsewhere, the crucial keys that will unlock the door that is your Golden Portal. On the other side of this Golden Portal is YOUR DREAM LIFE. (Archangel Michael has taught me many specific ways to work with portals in this way, which I can teach you.)



These three keys are fundamental processes everyone needs to go through to get to the state of absolute knowingess and life mastery. These are the "missing pieces" that 99% of people are not yet utilizing.

When you understand and UTILIZE these keys consistently, you will become a master of manifestation – and your life. The right doors will fly open for you as if by magic, and you will find it infinitely easier to attract, receive, enjoy and nurture all of life's blessings including health, wealth, love and happiness.

<u>Golden Portal Key #1:</u> Unconditional, Radical, Radiant Self-Love

This is everyone's core issue, yes, including yours.

This key means you need to love yourself no matter what, even when others are not approving of your choices, even when you feel alone, even when you failed in some way to live up to expectations (especially your own), even when your face looks wrinkled, your thighs are ginormous and your hair looks like bedhead, love yourself even then!

Why is self-love important for creating your prosperous lifestyle? Healthy selflove is an absolute foundation for abundance because you need to really believe, feel and know – not just in your head but in your entire being – that you DESERVE success. You deserve pleasure and beauty. You deserve joy and fulfillment.

Best-selling authors and speakers Louise Hay and Gay Hendricks, Ph.D., say the same thing that I do. All three of us have said this over and over: No matter what issue someone comes to us to work on, whether it's love, health or money, where we are going to go together is self-love. That is always, always the level where the healing needs to take place.

You may THINK you love yourself "enough." But do you, really? Are you in love with life yet? Self-love is not narcissism or selfishness. It is actually self-blissness!

And this JOY is contagious. It's a blessing magnet!

Because when you are in love WITH LIFE, when you are living from your heart and shining with the Love & Light you truly ARE, you are naturally, vibrationally attuned to love, happiness, health and wealth. And you can give from a full place.

#### YOU DESERVE TO RECEIVE FROM THE UNIVERSE.

And, yes, you deserve MONEY = ENERGY = FREEDOM to be who you really came here to be. Self-love is the FOUNDATION.

#### Golden Portal Key #2: Reprogramming Your Unconscious Beliefs

Along with having sufficient self-love deeply in place, and that is an ongoing task, we have to reprogram our **unconscious** beliefs two ways. This is because our subconscious beliefs run the show and if there is a resistance or saboteur "down there," this has to be healed at a very deep level or you will just keep falling off track.

First, we need to reprogram any *negative* beliefs, which may be due to life experiences, particularly from childhood and early adulthood, or even from the birth into this world, in utero, or even past lives. We need to identify and then replace those negative beliefs with Higher Truths that are our absolute knowingness from God/our Higher Self.

This is far more powerful than just an affirmation, or even the traditional hypnotic "suggestion." You are healing the old belief at the level of the subconscious, the root cause, and installing the highest, positive empowerment statement, deeply and completely.

And secondly, we need to boost *positive* beliefs and turn them into truth, certainty, knowingness. This is the shift from Level II, Belief, to Level III, Absolute Knowingness, which completely aligns you with success, from the inside out. Hypnosis can be very helpful with this.

One crucial piece of information about reprogramming your unconscious beliefs is that you need to do this at the THETA BRAINWAVE LEVEL. (5 to 8 cycles per seconds or Hertz)

If you try to change your thoughts, habits or beliefs while in a regular Beta brainwave level, it will simply go in one ear and out the other. You need to learn how to go into Theta, which we all naturally do many times a day, in particular just before sleep and just upon waking.

You can research more about this, learn self-hypnosis & Theta brain entrainment and reprogramming from me or another expert on altered states, or you can just utilize hypnotic products that feature Theta binaural beats. Make sure they feature exclusively positive language for inner imagery, and are proven effective. (See Resources, e.g. Aligning with Abundance audio)

#### Golden Portal Key #3: Healing Your Energy Field

In addition to reprogramming and strengthening subconscious beliefs, we also have to create the shift in our ENERGY FIELD, ALSO KNOWN AS THE AURA.

Because everything is energy, as quantum physics has now documented, the energy you are carrying around is either supporting your intentions, neutral or sabotaging them. You could have cords, blockages or even dark spirits (I call them "Kling-ons") getting in the way. We are all exposed to all kinds of energy forms all the time.

One of my students, for example, told me she knows that when she goes into a supermarket, she has to energetically clear herself before entering her car because she can easily, accidentally pick up negative energies just from touching the shopping cart! Whether you consider these energies sentient or not, what their intention is, even how they got there, is not really important.

What IS important is that you have techniques for *protecting, clearing and energizing your own aura* so you have only positive energies and spiritual beings within you and around you. For example, I do (and teach my clients to do) a powerful Rosicrucian exorcism that is over 400 years old. It is like the Industrial Strength "Roto Rooter" for your aura even when nothing else works!

You also need to bring IN any of your own lost energy or soul parts, and learn how to run energy such as Reiki or another energy healing modality so you fill yourself with divine Light and Love and strengthen your chi (ki in Japanese). Every single day. So this key, healing and attuning your energy field, involves both releasing the negative and filling with the positive. Balancing your male and female energies are also vital.

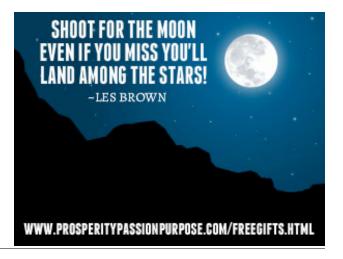
There are times when even healers like myself need another healer to help us clear, balance or revitalize our energy field. I also highly recommend you get psychic training with a qualified, wise, loving intuitive teacher so you can do as much as you can for yourself. (As you can see, I'm all about "teaching you to fish" rather than just giving you one fish or even a boatload full.)

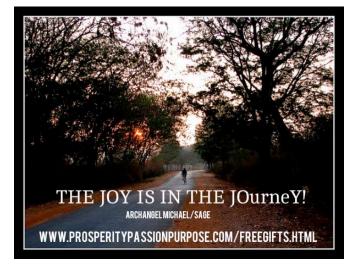
Now, get ready. I am about to reveal to you the very best, proven, empowering methods for doing this crucial mind-body reprogramming and energetic attunement.

The best methods currently known to do this subconscious reprogramming and energy healing include hypnotherapy, past-life/ childhood regression, Omnidimensional Healing Modality (OHM), PsychK, Emotional Freedom Technique (EFT) and intuitive energy healing methods such as shamanic/soul healing including Soul Retrieval, Reiki and chakra healing.

<u>Omnidimensional Healing Modality</u> is an excellent choice if you prefer to maximize your results and totally change your life very quickly because it incorporates hypnotherapy, regression work, intuitive energy healing and channeling, soul retrieval, sacred symbols, and Reiki. You truly align with your Highest Truth on all levels, body, mind, heart and soul, including your subconscious mind, cellular and quantum level, and energy field, chakras and aura. I am currently the only practitioner of OHM, which was channeled through me, although I will be training others in this soon. (Contact me if interested in becoming an OHM practitioner or learning more.)

You can learn to do some of these methods for yourself, such as self-hypnosis and energy healing, and there are many enlightening books on these subjects; however, just reading about them is not sufficient. You need *experiential healing and training*.





#### What Healing or Action Steps Are Best for Me Now?

A companion publication that I will provide you as Part II of your course here is my *Law of Attraction Quiz.* If you don't already have it, you can get it instantly by going to <u>http://www.angelicabundanceactivator.com/freegifts.html</u> and providing your email address. This will guide you to the page for the download of the quiz and also subscribe you to my *Love, Spirit & Success* newsletter. You will receive inspirational articles, invitations to channeled TelAttunements with Archangel Michael, online teleclasses, and other great re-Sources that will help you create your dream life, live in K<u>NOW</u>INGNESS and manifest success.

# Use the results from your quiz as well as your own inner knowingness to determine your next step. Do you need deep healing? More self-love? Intuitive & energy training? Transformational life or business coaching?

Most of us have certain issues in our lives for which we need support and simply cannot be our own healer (exclusively). And even healers like me need to see other healers at times.

By the way, if you don't know which action step to take first, I highly recommend a PsyCAM (Psychic Chakra Aura Map) to begin. PsyCAM has been called "The most indepth reading you will ever have," "Astoundingly accurate" and "Totally life-changing!" It is not just a reading. You also experience healing prayer, spiritual counseling & training, channeling of your angels and guides, and a personalized drawing of your aura and chakras that reveals what is stuck or blocked and HOW YOU HEAL IT.

Trust your inner guidance. Do you need to reprogram beliefs, heal your energy field, and/or get training in these Mind-Body-Spirit modalities? Meditate, pray, ask for signs, follow the energy of your higher heart, and you will know what to do.

I suggest you work with a healer, therapist, intuitive or shaman with whom you resonate, someone who does their work with heart and who EMPOWERS you.

Many so-called spiritual healers, therapists, psychics and teachers simply create codependent, dysfunctional relationships with their clients, i.e. "You have to keep coming to me or else...." Or "I'm the only one who can help you, you have to do MY program." This is a fear-based, not Love-based. Controlling. Stay away from this!

Work with someone who has <u>true wisdom</u>, not just knowledge, someone who walks the talk. Before committing to higher-priced 1:1 work or programs, check out their

testimonials, credentials, writings, audios and/or videos (you can tell a lot from a person's voice, which reflects their soul just as the eyes do). You can also get lots of free info (like this report), join their mailing list, social networking sites, read blogs, purchase books, audios or a home course.

Holistic healers at the soul and quantum level and success coaches who are genuinely successful, are not cheap because they know their work has value, and they are aligned with abundance through right livelihood. But they will charge a reasonable fee, and the Universe will provide the resources. Sometime it takes a leap of faith to commit and ignore the "Resistance Imp" or inner gremlin that will always say you can't afford it, it's not the right time, you can do it later, etc. Listen to your Highest Voice of Love.

#### The healing you do on your inner self is the most important work you will ever do, and the soundest investment you will ever make, guaranteed to produce results as long as you show up and use the tools.

Many people need support making that quantum leap from Level II to Level III. At the end of this publication, you will find more information about several resources that can assist you. Above all, trust your OWN intuition. Rumi said, "Follow every call that excites your spirit." Many blessings to you on your journey!

#### To Your Abundant Success & Life of Love, Sage

#### *Remember: The moment of choice, the moment of change, IS NOW.*

"It's the start that stops most people. They keep waiting for the perfect moment, not realizing that NOW is the only perfect moment there is." - Johan Campbell

> "The moment one definitely commits oneself, then Providence acts, too." - W.H. Murray

### Are <u>you</u> ready to commit to your best life of passion, power, purpose and prosperity?

If so, read the Resources section!

#### EMPOWERING RE-<u>SOURCES</u> FOR LIVING AT LEVEL III AND ENJOYING THE LIFE OF YOUR DREAMS!

#### • <u>SELF-LOVE RESOURCES</u>

If you feel, "Hmmm, I could benefit from some help **improving my ability to receive**, **my sense of deserving** what I desire," the *Radiant, Radical Self-Love (book or kit)* and/or some self-love coaching can change your life. Personalized self-love coaching is an excellent way to get deep healing and support to help you really implement a lifestyle that puts YOU in the center of your YOUniverse! So you give from a full place and stop being a giveaholic. You deserve love, money, happiness, all the blessings in life. For more information, go to www.LoveandSpirit.org/radselflove.html

#### \* <u>ALIGNING WITH ABUNDANCE REPROGRAMMING~ ENERGY HEALING</u>

• Note to Busy People: This audio takes zero extra time because you listen to it while sleeping!

The *Aligning with Abundance* deep hypnomeditation audio applies ALL these empowering Graduate School methods and creates a deep Theta brainwave pattern via binaural recording and binaural beats. Thus, your positive prosperity beliefs, joyful feelings and Dream Life images are deeply embedded in your subconscious.

#### Because prosperity consciousness is an inside job!

AWA is the ONLY meditation audio on Planet Earth that actually aligns your aura and all major chakras with financial prosperity as well as overall abundance, including happiness, loving relationships and a balanced life of love and divine purpose.

I personally credit this audio, along with the prosperity consciousness practices I teach in the Angelic Abundance Activator course, with quadrupling my income in 90 days - setting me free from day jobs forever. It helps you do work you love that helps the world AND prosper at the same time. Listeners say: "The money is flowing in - fast!" "My prosperity reset button was hit, amazing!" "Quadrupled my clientele" And more...

## The Aligning with Abundance audio will facilitate an incredible Level III shift into prosperity consciousness – ABSOLUTE KNOWINGNESS.

#### And the results show up in your life. Click here for Aligning with Abundance now! http://www.aligningwithabundance.com/

#### \* COMPREHENSIVE ABUNDANCE HOME-STUDY COURSES: <u>THE ULTIMATE PROSPERITY POWER PACK or</u> <u>YOUR ANGELIC ABUNDANCE ACTIVATOR</u>

If you resonate with this course, these more comprehensive home study courses will take you lightyears beyond just reading, to help you actually ATTUNE WITH and install a prosperity energy field and mindset for your subconscious AND conscious minds launching you through your Golden Portal into total abundance and success! PROSPERITY POWER PACK: http://www.angelicabundanceactivator.com/P3PowerPack.html MOST COMPREHENSIVE PROGRAM – ANGELIC ABUNDANCE ACTIVATOR: http://www.angelicabundanceactivator.com/

#### \* OMNIDIMENSIONAL HEALING MODALITY (OHM) – Private Sessions

If you could use some help healing your past, so you are empowered to create your best future, or you just feel stuck and fed up with the same patterns over and over, you may feel called to experience <u>Omnidimensional Healing Modality</u>, which facilitates deep healing on all levels: Body, Mind, Heart, Spirit, past, present, future. I am grateful to be a channel for this amazing process. OHM blends Shamanic Soul Retrieval with Reiki energy healing, regression work and inner child healing, as well as intuitively guided Higher Truths. People have healed sexual abuse, grief, lifelong financial struggle in 1 to 3 sessions, and OHM can even be done by phone, anywhere in the world. This life-changing healing sets you free to be who you really came here to be and live your best life NOW. Visit: <u>www.loveandspirit.org/omnihealing.html</u>

#### \* 1:1 INTUITIVE READINGS & CHANNELINGS

With Archangel Michael and Ascended Masters. Love & Life Purpose Specialist. http://www.loveandspirit.org/intuitiveread.html

\* \* \*

Thank you for reading these words of love and Spirit, and for sharing this valuable publication to help others on their path of prosperity, passion and purpose.

#### THIS PUBLICATION IS A FREE BLESSING TO ALL BEINGS. So feel free to share it virally and vibrantly!

#### Share the love & abundance and refer your friends: http://www.angelicabundanceactivator.com/freegifts.html

#### Thank you and bless you!

#### **STAY CONNECTED IN THIS "COME-UNITY!" OF COCREATION**

Feel free to share your own great prosperity-building tips on my blog and social networks. We are all teachers as well as lifelong students, and we all have wisdom to share. Thank you for shining the Light that is YOU! I also embrace your feedback about your results, and your creative ideas, about the information you just received.

More tips, quotes and empowering practices are mailed to my subscribers each month for free, including TelAttunements with Archangel Michael, ebooks, audios and more.

Friend me on Facebook and join my fan page: http://tinyurl.com/love-spirit-success

Follow me: "loveandspirit" on Twitter. 🕲

Or email me at <a href="mailto:Sage@LoveandSpirit.org">Sage@LoveandSpirit.org</a>

Bright blessings to you! With Great Love, Sage



#### **ABOUT THE AUTHOR**

Rev. Sage Taylor Kingsley-Goddard, CHT, RM, CTC, BA is a 6-figure Intuitive Transformation Catalyst and Archangel Michael Channel. Through intuitive coaching and channeling, Omnidimensional soul healing, Reiki & angel healing, hypnotherapy, spiritual counseling and training, dynamic workshops and lectures, inspirational books, audios and other programs, she helps conscious creators who are ready for the next level of Love, Spirit & Success create the life – and love – of their dreams!

Sage's uniquely holistic, empowering approach emphasizes **connection with Spirit and deep self-love** so you can receive more of "the good stuff" from the YOUniverse<sup>TM</sup>. An expert on Law of Attraction, conscious relationships, life purpose, spirituality, meditation and abundance, Sage has shared the stage with T. Harv Eker and Marianne Williamson, and presents at numerous retreat centers, holistic conferences and other venues. She also designed and taught a multicultural meditation program for Kaiser Permanente.

An intuitive channel since three Near-Death Experiences and astounding angel encounter in 1994, Sage has the gift of **reading auras and chakras and channeling higher guidance** from Archangel Michael and divine masters (The Alliance of Light). Her PSYCAM readings are considered **the most complete intuitive readings available anywhere and actually take an entire VIP day to experience**. A Third-Degree Reiki Master and Teacher, clinical hypnotherapist, ordained interfaith minister & shamanic healer, SAGE's healing & coaching integrates soul wisdom that is heart-centered along with mind-body reprogramming and practical steps so your inner fire is lit. She helps you clarify your life purpose and vision, get clear and get in gear!

Sage's inspirational, transformational products include *Radiant, Radical Self-Love, Your Angelic Abundance Activator, Aligning with Abundance*<sup>TM</sup>, Happy Money!<sup>TM</sup>, Heartlight *Meditation*<sup>TM</sup>, *Manifesting My Dream Job*<sup>TM</sup>, and *Unconditional Self-Love* audios (the Sacred Portals<sup>TM</sup> audio series).

**Sage quadrupled her income in 90 days** using these (r)evolutionary, channeled practices that bridge Science with Spirit. She earns a 6-figure income from her Dream Home, where she lives with her Twin Flame soulmate husband, sacred mandala artist Mark Goddard, their sons, Forest and Sky, and their Husky-Shepherd rescue dog, Maka in Placerville, CA. Sage is also a mystic poet, drummer & songwriter.

To manifest more abundance & higher love, kindly visit the author's websites at: <u>www.LovandSpirit.org</u> <u>www.ProsperityPassionPurpose.com</u>